

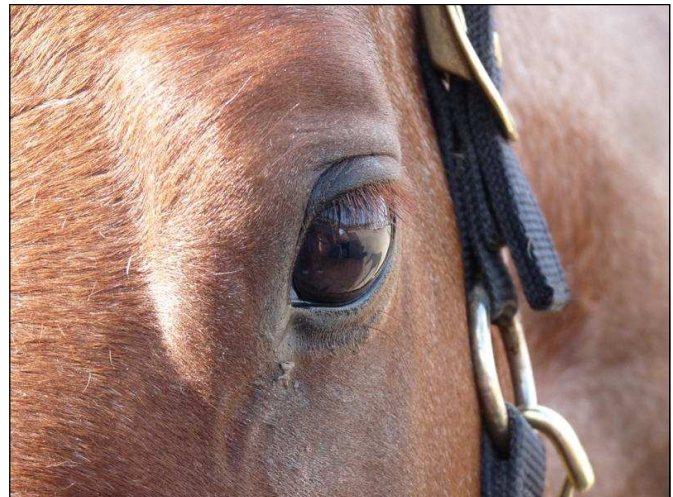
Ruocco Equestrian ~ Featured Trainer

Southern California Equestrian Directory – September 15th 2010

www.socalequine.com

Conditioning is the theme for our current Featured Articles – from conditioning equine athletes after an injury to conditioning and strength training for riders...Emily Ruocco of Ruocco Equestrian Training focuses on “Re-conditioning” racehorses into a different, more suitable career. *“Off the Track and into your Heart”* is her motto and her mission.

Many of the horses from the track are perfectly healthy and perhaps just weren't the fastest runners, or they may have had success on the track and are ready to be “retired” from racing...often at prime years in their life.



Emily acquires these thoroughbreds with the plan to recondition and train them for another discipline. These new careers include dressage, hunter-jumper, polo and even western trail riding...Emily believes these horses just need to receive more event-specific training and they can become wonderful mounts for a bright future.

Based in the beautiful city of Bonita in south San Diego County at the Mt. Miguel Equestrian Center, Ruocco Equestrian Training offers programs to match riders with the perfect new partner for the events of their choice. Some clients come to Emily knowing her ability to pick the right horse for the rider. She uses her experience in retraining the horses to determine which event will best suit the horse; then when a client is looking in that discipline, she often finds compatibility. Ruocco has a full slate of services which include training, lessons, consignment sales and camps. She accepts horses in training as well as students who do not own horses or those who may be looking to purchase a horse in the future.

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Often misunderstood, the racetrack thoroughbred gets a bad rap – just because they are “off the track.” The common perception is that these horses are unruly or injured beyond usefulness, which is why the track trainers “dumped them.” Emily is passionate about dissolving these false ideas and generalizations. Of course there are those horses which come off the track because they have broken down...but there are a lot of horses who just didn't have what it takes to race at the top to win, or they did compete successfully and their short racing career was simply completed. Emily believes they deserve a second chance and she has proven firsthand that these athletes have a strong desire to please and the willingness to perform in a fulfilling future career. She intuitively lets each horse

what that new career may be – horses that were too slow to run the track may demonstrate the necessary grace for dressage; another horse will show a “no fear” attitude and may dive into polo; while still another has the heart and stamina for excelling in the jumper arena.

Ruocco Equestrian Training works with several non-profit organizations to find off the track horses, and to match those she has re-conditioned with loving, permanent homes with new owners. At any given time, Ruocco will have a nice selection of horses for sale and for lease – she welcomes new clients who are able to give their time and attention to the horses, whether they remain in training with her in Bonita or if they move on to their next big adventure.



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Emily is also available as a resource for anyone who has purchased an off the track thoroughbred and is possible experiencing difficulties in transitioning the horse to it's new purpose. With 60-90 days in her training program, Emily can evaluate the horse and help the owner determine the best course of action for the future, based on the horse's natural abilities and preferences and the owner's goals. Of course it takes longer than a few months to completely retrain a horse for a specific event, and long term training clients are also welcome at Ruocco Equestrian Training.

Whether you own an off the track thoroughbred and are having problems with re-training, or if you are looking for the perfect horse to compete with, look to Ruocco Equestrian Training and their selection of re-conditioned horses. Heart, soul and the desire to perform are the traits Emily Ruocco wishes for everyone to bring to mind when they think of these magnificent racehorses.



Join Emily Ruocco in her mission to take these horses... *“off the track...and into your heart.”*

Please call Emily Ruocco for information about training, lessons or purchasing your next thoroughbred at 619-733-9662.

Be sure to visit her website at

www.ruoccoequestriantraining.com

to view current sale/lease horses, for location information and to learn more about reconditioning horses from the track.